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www.pralinesbackyard.com

Serving Atlanta Area Dog Parents

Daily Dog Care Checklist

Physical Exercise

Daily Walk: Ensure at least 30 minutes of walking or exercise (adjust for your dog's age, breed, and energy level).

Interactive Play: Spend 10–15 minutes on games like fetch, tug-of-war, or chasing toys.

Variety: Rotate walking routes or include a “sniffari” to keep walks mentally enriching.

Mental Stimulation

Puzzle Time: Use puzzle feeders, frozen Kongs, or DIY games to challenge your dog's mind.

Training Session: Spend 5–10 minutes practicing commands or teaching a new trick.

Sniffari Walk: Let your dog explore with their nose for at least part of their walk.

Bonding Time

Cuddle or Groom: Dedicate 10–15 minutes for petting, brushing, or quiet bonding time.

Eye Contact: Spend time making eye contact and talking softly to strengthen trust.

Special Activity: Try something new, like teaching a fun trick or playing a favorite game together.

Basic Needs

Hydration Check: Ensure your dog has access to fresh, clean water throughout the day.

Healthy Meals: Provide balanced meals at regular times to establish a routine.

Bathroom Breaks: Offer plenty of opportunities for potty breaks, especially for puppies and seniors.

Comfort and Safety

Inspect Gear: Check leashes, collars, and harnesses for wear and tear before walks.

Relaxation Zone: Make sure your dog has a quiet, comfortable space to rest and unwind.

Weather Protection: Adjust walks based on weather (e.g., shorter walks in extreme heat or cold).

Bonus Tip:

💡 **Time Saver for Busy Days:** Hire a professional dog walker to handle your dog's exercise needs when your schedule is packed. It ensures your dog stays happy and healthy without adding stress to your day.